# **SURROUNDED BY BEAUTY**

### Discover your ADVENTURE

REPUBLIC OF SRPSKA







### **Facts**

Location: Republic of Srpska

Area: 25 053 km², or 49% territory of Bosnia and Herzegovina

Population: around 1.400.000

Official languages: Serbian, Croatian and Bosnian

National parks: two

The highest peak: Maglić, 2386 m above sea level

Time zone: GMT+1hour

Currency: Convertible Mark - 1 EUR=1.95KM

### Climate

Mediterranean and alpine influences meet and create different types of climate in a relatively small area. In the south weather is warm, sunny and dry, with very mild winters. In the more continental areas summers are generally warm, occasionally hot, cool springs and autumns, and cold winters with considerable snowfall. The alpine climate rules the mountain terrains of the high Dinaric Alps above 1700meters.

The average temperature in January is -1°C and in July is 20°C



### Path sign

Most mountain and other paths in the Republic of Srpska are marked with a round sign, which consist of white cicrle and red lining. It has been used from 1922, when it was intodused by the mountaineer Alojz Knafelc to uniform the paths signs. The sign is called Knafelc 's sign after its creator.

### Traveling in BiH

More information on: www.mfa.ba

Public transport

http://www.zrs-rs.com Trains:

http://www.zfbh.ba

http://autoprevoz.org Buses:

http://www.autobusni-kolodvor.com

By air: http://www.banjaluka-airport.com

http://www.sarajevo-airport.ba

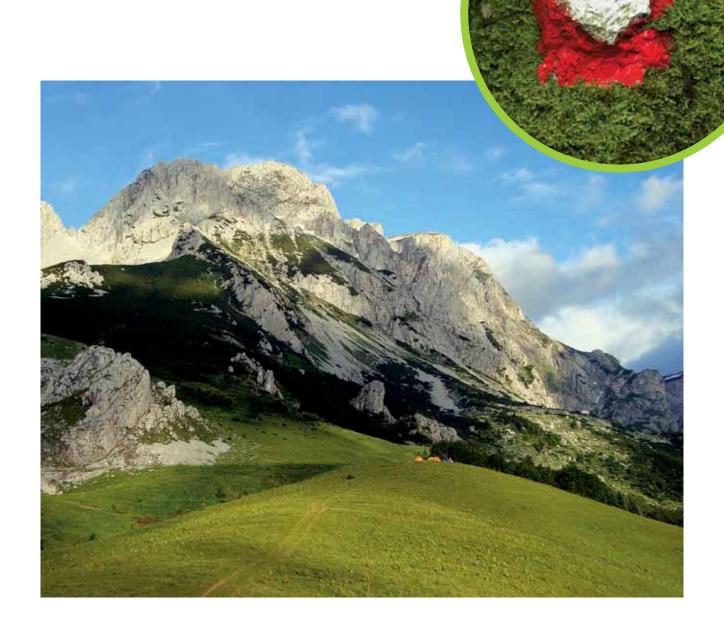
\* Notice

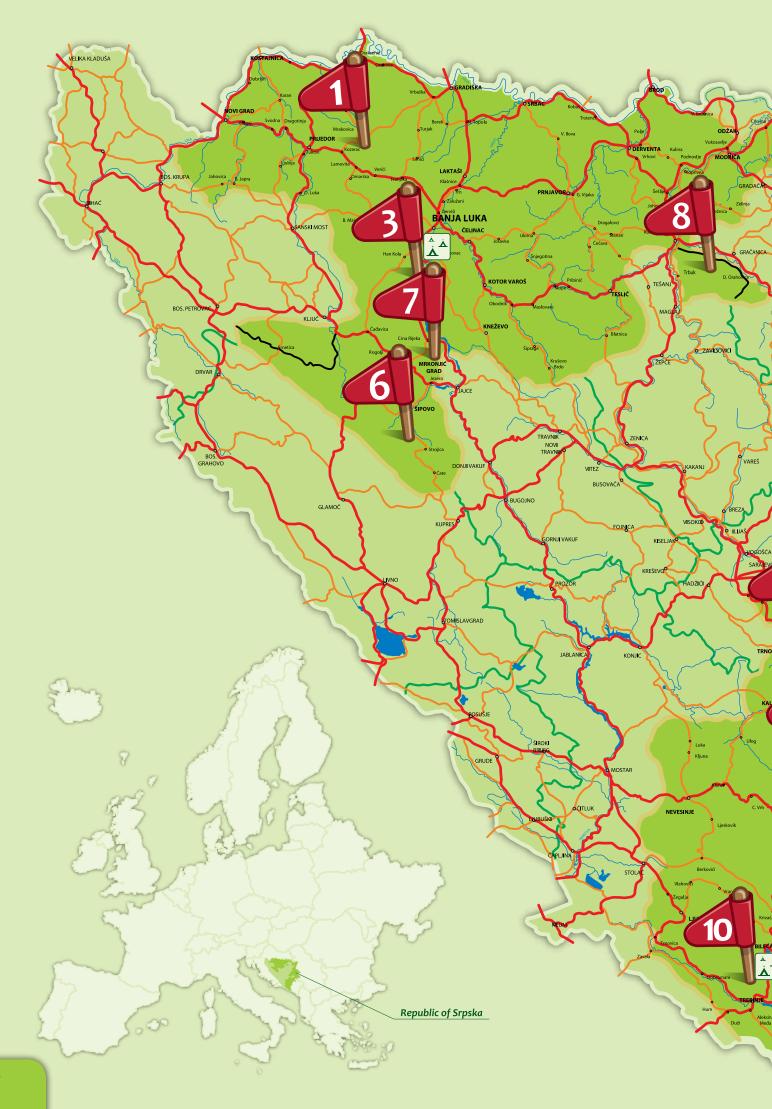
Discount on ISIC card



# 

Republic of Srpska is a magical land of mountains, valleys, fresh water streams and some of the last remnants of Europe's old growth forests. Tucked into the heart of the Central Dinaric Alps this tiny country is a nature lover heaven. We invite you to come and discover our untouched corner of the world – to a friendly place that feels like home. Our crystal clear rivers will give you the thrill of your life and the amazing taste of Mother Nature.





### **Destinations**



Kozara Mountain and National Park





Sutjeska National Park





Vrbas Adventure Resort









Tara River





Jahorina Mountain & Surrounding Area





Šipovo Surroundings





Lisina Mountain & Surrounding Area





Ozren Mountain





Javor Mountain





Trebinje & Surrounding Area







### **Adventures**



Hiking



Free climbing



Mount-biking



Skiing



Photo safari



Rafting



Canyoning



Canoeing



Kayaking



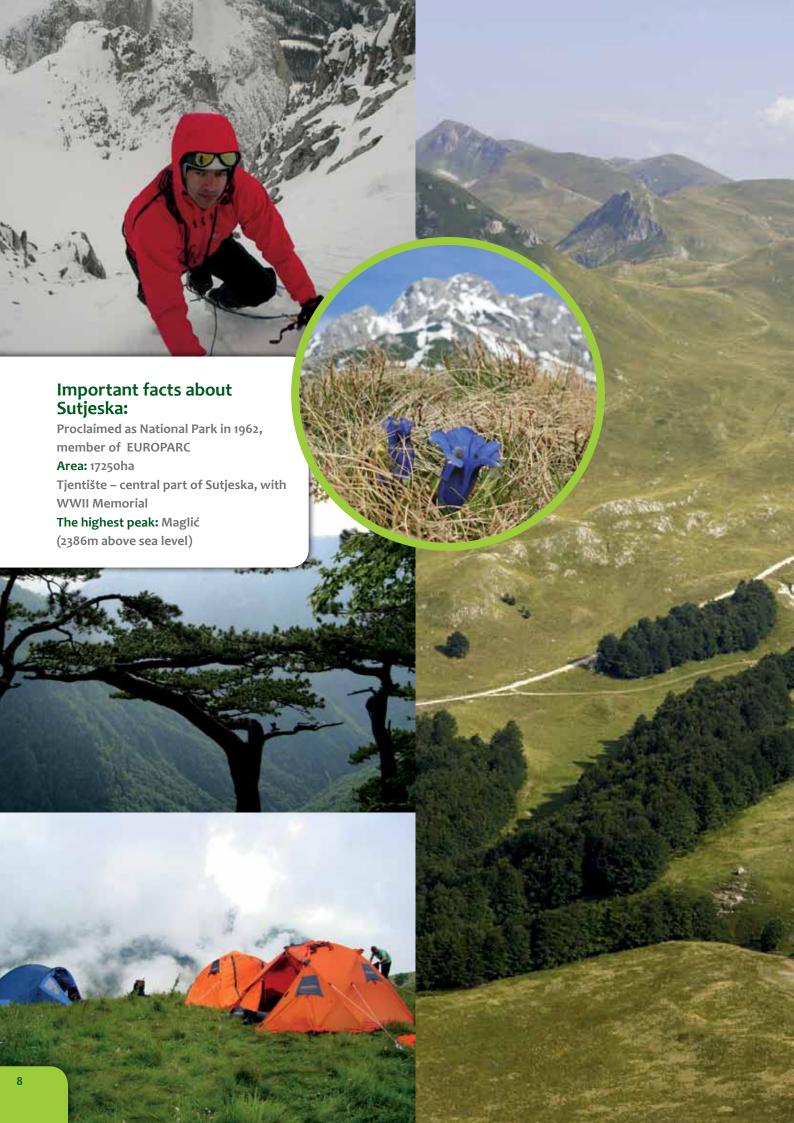
Paragliding



Camp













and rare fish species, the Vrbas Canyon has been under state

protection since 1955.

SURRO BY E





### Tara

### River

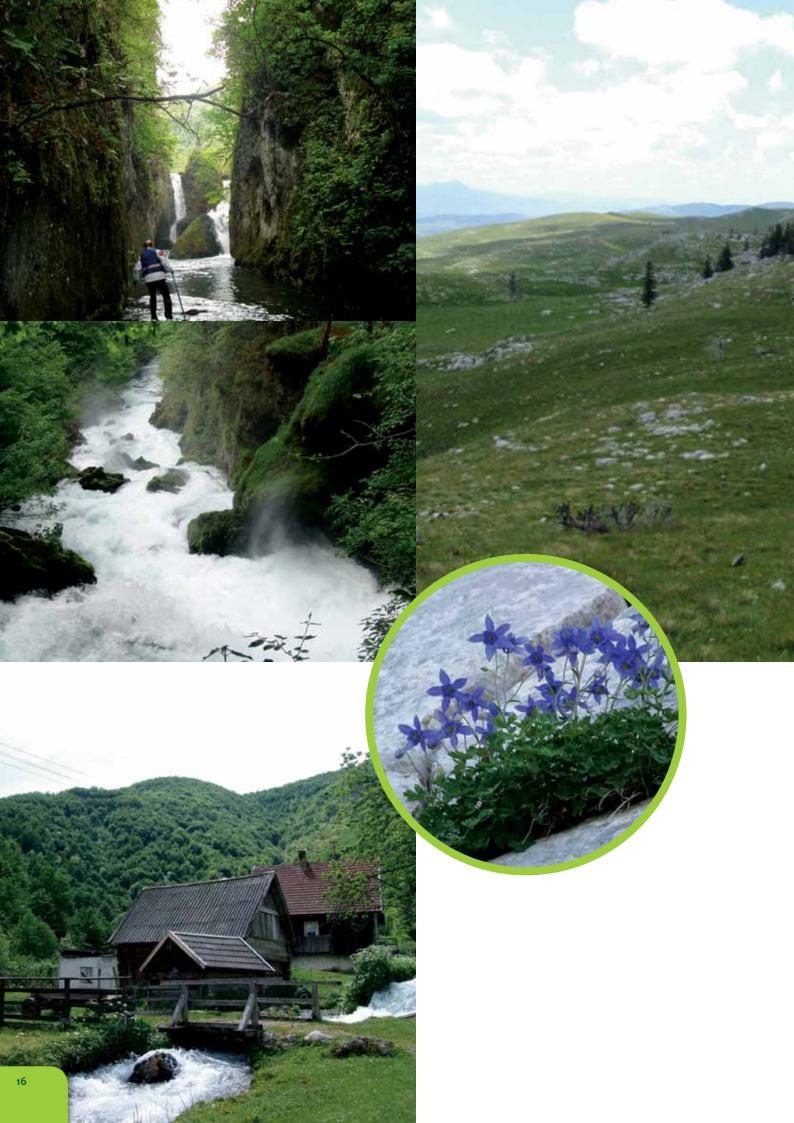
Tara River is one of the most admirable rivers in Europe with 80 kilometer long canyon which is, with its 1,300 meters of depth, the deepest river canyon in Europe and the second one in the world (after Colorado River canyon). For all those eager for some adventure, there are rafting clubs that organize memorable rafting tours in this river and provide accommodation in camps at the very shore. Only through rafting the true anatomy of the canyon may be discovered, and all of its handwriting.

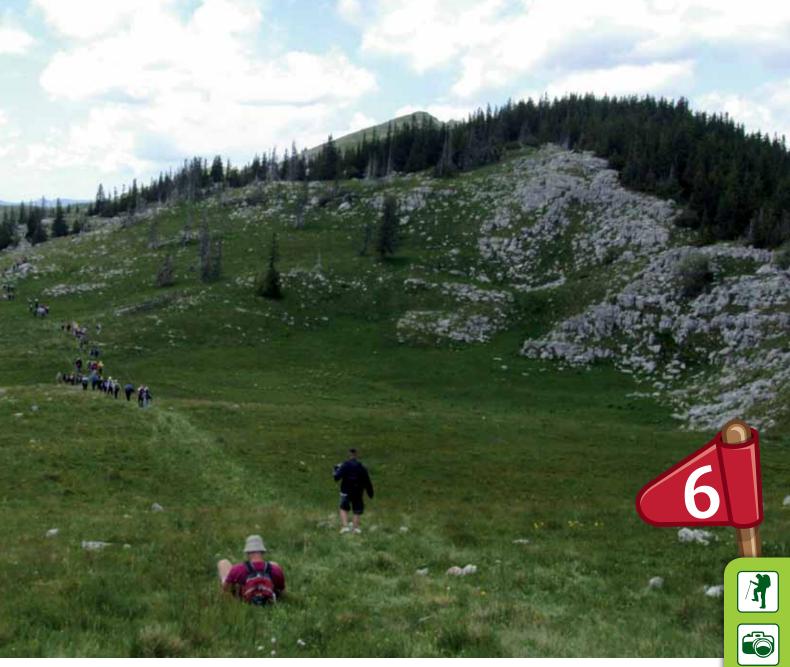






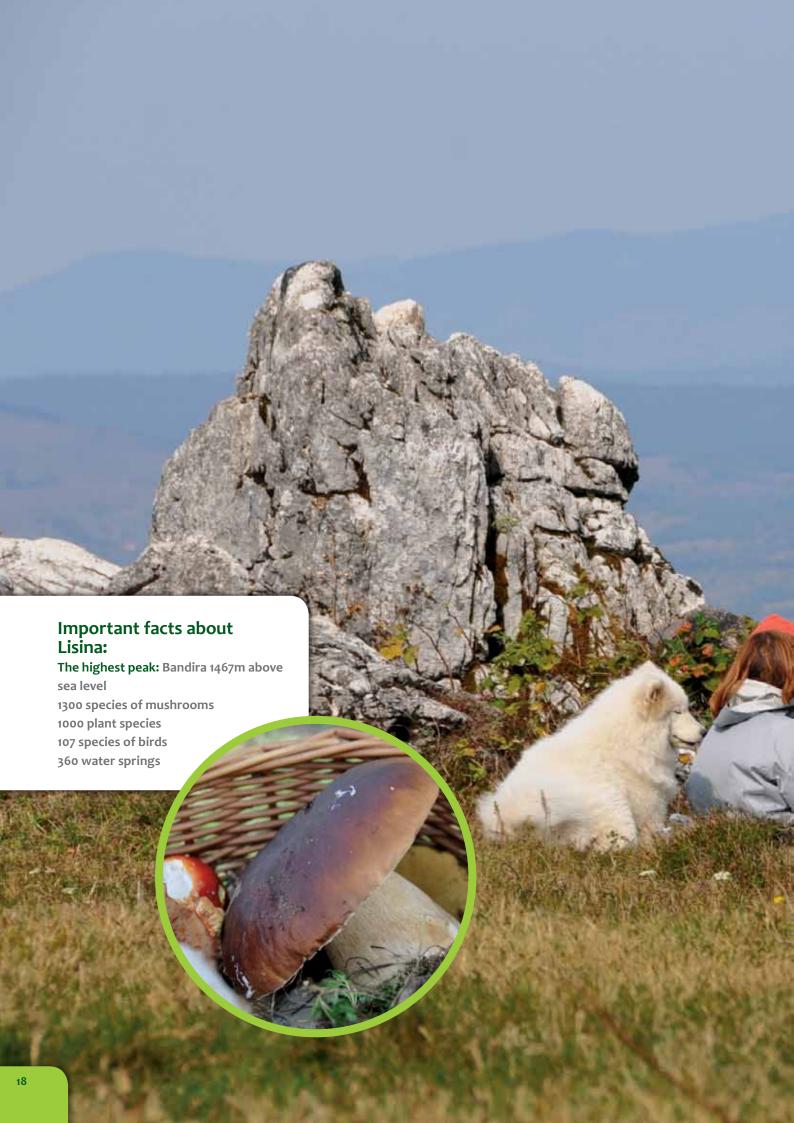
Jahorina Mountain belongs to the Dinara mountain range and remains the largest winter center in the Republic of Srpska. It is located 30 km southeast of Sarajevo. What it offers as a tourist attraction will satisfies those less in shape, as well as those ready take a real challenge or sports adventure. Besides Alpine skiing, Jahorina offers some other active vacation activities, such as extreme skiing, ski paragliding, motor ski sledge, snowboard, ice skating, walking, swimming pools, saunas, and different entertaining programs and sport competitions. Alongside ski paths, visitors can take a break and enjoy in the terraces of numerous restaurants and café bars. To make the picture complete, visitors are also made available many restaurants serving gourmet specialties and rich night life.





### SIDOVO Surroundings

The view stretching from the Vitorog peak (1906 above sea level) represents one of the most stunning ones in the Republic of Srpska, and is an event experienced only by those who happen to be there. This mountain is famous for its flora and fauna diversity. Wild animals, such as brown bear, wolf or wild hog, or very rare bird species, such as Capercaillie, can be found here. River Janj and its Canyon are a protected natural resort of the Republic of Srpska. Canyon slopes are steep, rising up directly from the riverbed and reach 150-200 meters in height. Below the ancient Sokograd, all the way to the mouth of Pliva River, flows a rivulet called Sokočnica, making 10 kilometer long canyon and leaving behind a mysterious cave of Sokolac. This fabulous place, full of life, is a habitat for many animal species.

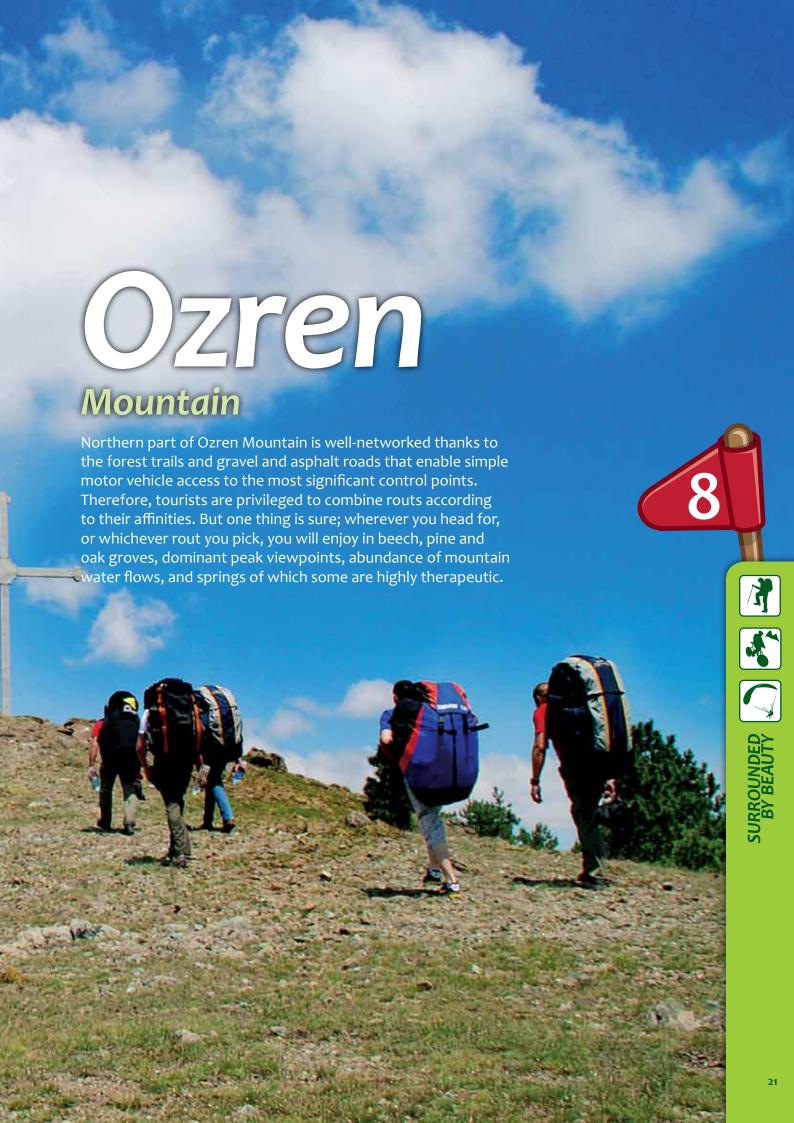


## LISING Mountain & Surrounding Area

Situated 70 km from Banja Luka, near to Mrkonjić Grad, Lisina Mountain represents a smaller mountain range that is, due to its geological structure, rich in water, and flora and fauna diversity. It is the home of very rare species of mountain and black woodpecker. One of its residents is a very rare forest turtle. Lisina mountain is marked with mushroom growing paths, network of routs for mushroom exploration, as well as several mountain trails.

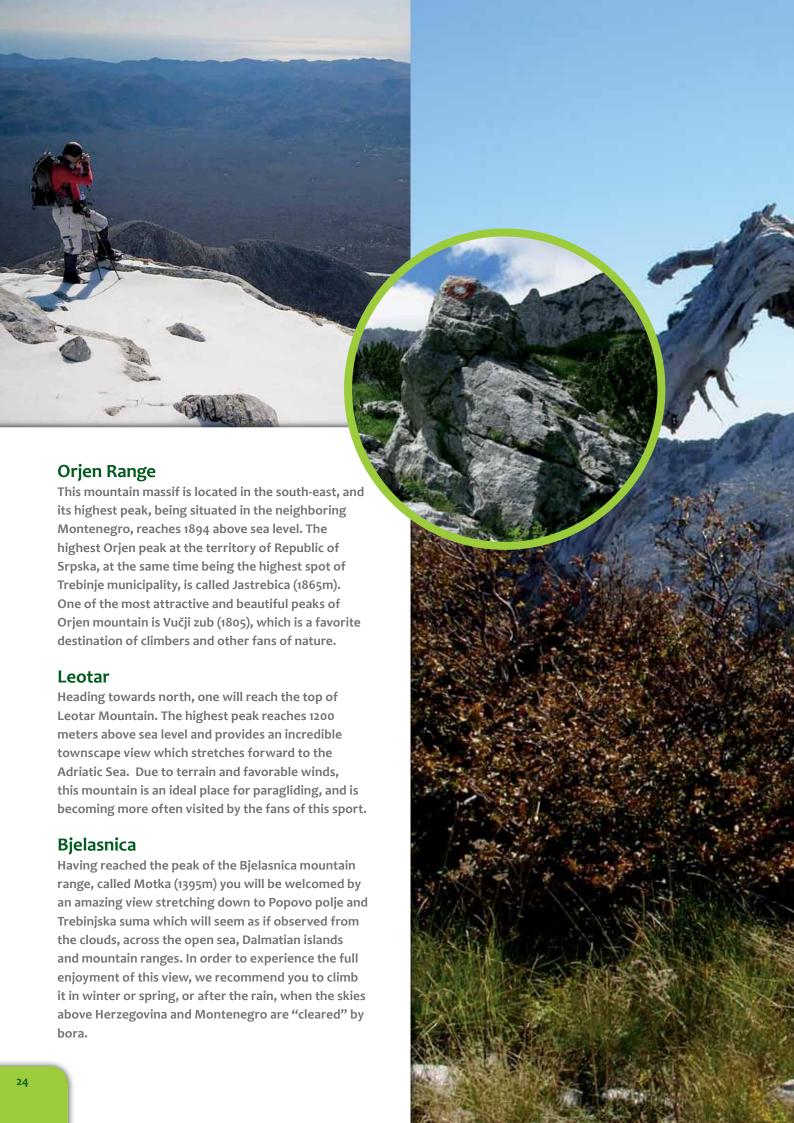
















General mountain safety should include a first kit, maps and extra warm gear. The higher altitude mountain ranges can experience drastic temperature changes. Most water sources are perfectly safe for drinking. A guide is highly recommended.

### ROUTE Mrakovica Green path

850m ASCENT: 5 hours NP Kozara DURATION: 16.5km LENGHT: E-MAIL:

Medium info@npkozara.com SEVERITY:



The overall length of marked mountain and biking trails in Kozara reaches 300 kilometers. Due to road network, land structure and attractive terrain, Kozara can be climbed up from all directions, which will take you through the most beautiful landscapes of Kozara Mountain.

### TRANSVERSAL NAMED Through Kozara Peaks



1570m ASCENT: 2 days or 14 hours DURATION

44km LENGHT:

Medium SEVERITY:

INFO: Mountaineering Club PAOK, Banja Luka

paokbanjaluka@yahoo.com

Start: Moštanica Monastery situated 12 kilometers form town Kozarska Dubica\*

The trail runs next to Gumlin, one of the most wonderful sites of Kozara NP, where one can find a rocky lookout, a cave, and a 200m long and 50 m high canyon made by Bijela Voda rivulet. The whole landscape makes a special impression to visitors. Dense forest, sporadic meadows. pastures and numerous cold, drinkable water springs make an integral part of the transversal. The view from the peak of Gola Mountain stretches all the way to Republic of Croatia, towards towns of Prijedor and Banja Luka, fish pond Sanicani (the largest one in BiH), and onward to nearby mountains Grmeč, Klekovača, Ozren, Vlašić, Vitorog and Velebit in neighboring Croatia (160 km of air distance).

\*Hiking route can be done in a reversed direction as well, from Potkozarje (Ivanjska) to Moštanica Monastery.

This transversal is equipped with 7 seals placed at control points, transversal diary, and Kozara map with marked itinerary. All who successfully complete the route are awarded with a gold-plated badge.

Bike riders are recommended to take the same route, with a note that Mrakovica-Gola Mountain part of the route should go



\*There is a possibility of hiring professional guide service or organized transportation from/to start/end point.



The trail goes through Sports and Recreation Center Benkovac, over the Zečiji kamen where there is an adapted climbing area. The part of the trail alongside the Zečiji kamen is encompassed by Kozara single waterfall that reaches 15 meters in height. Here one can find numerous caves which are not recommended for visitors due to difficult approach. Further ahead, the trail passes through a deciduous and evergreen forest going up to Kozarački kamen, and a picturesque landscape, continuing to Bešića poljana where there is an observation point providing a full enjoyment of the environmental view.

**Interesting:** On the occasion of marking "Spring Day", it is traditionally organized a climb on Kozaracki kamen (called "A greeting to spring")



### ROUTE Mrakovica hiking trail

(806M ABOVE SEA LEVEL)

1.5 hours INFO: NP Kozara DURATION: 4km LENGHT: F-MAII -Easy SEVERITYinfo@npkozara.com

Being circular in shape, this trail goes through Mrakovica, around Memorial zone, all the way through a deciduous and evergreen forest. Besides the numerous springs of drinkable water, it is also rich in feedlots for roe deer which usually come to pick up some food from it in wintertime. All the way along the trail there are resting points, as well as board panels showing interesting facts about natural and cultural/historical values of Kozara NP.

### **EVENTS**

\*Kozara Mountain marathon (climbing, athletic and cycling marathon)

E-MAIL: Mountaineering Club PAOK, paokbanjaluka@yahoo.com Banja Luka

This marathon includes 6 hiking trails whose length is 5km, 10km, 15km, 35km, 60km and 100km. Start point is Mountain hut "Previja" (760m). When: Second weekend in September with a possibility of providing accommodation in the camp or mountain hut. Duration: two days.



### **EVENTS**8th March Lisina Climb (Lisina – Kozara's highest peak), recommended throughout the whole year.

ASCENT: 920m INFO: Mountaineering Club PAOK,
DURATION: 6 hours Banja Luka

LENGHT: 20km E-MAIL:
SEVERITY: Medium paokbanjaluka@yahoo.com

Start: Bistrica village, Main road Banja Luka-Prijedor





### ROUTE Donje Bare – Vilinjak peak

duration: 3h info: NP Sutjeska

LENGHT: 5km e-mail: sutjeska@teol.net

severity: Easy

Donje Bare Lake (1483) – Vilinjak Peak (1677m) – Donje Bare Lake Start point of the trail is reached by a terrain vehicle; it is 20km far from Tjentiste, a NP central point. This is an easy trail, not too demanding, and therefore recommended for the youngest climbers.

### ROUTE Donje Bare – Vidikovac Borić (1481m)

DURATION: 1hour INFO: NP Sutjeska

LENGHT: 2km E-MAIL: sutjeska@teol.net

SEVERITY: Easy

Donje Bare Lake (1483m) - Vidikovac Borić – Donje Bare Lake Start point of the trail is reached by a terrain vehicle; it is 20km far from Tjentište, a NP central point. This is an easy trail, not too demanding, and therefore recommended for the youngest climbers.

\*If arranged with NP, it is possible to organize the transportation from/to start/end point.

\*Recommended offer: guide - led hiking





Zelengora, a mountain with vast forests and pastures, rocky mountain tops, rich flora and fauna and its nine gorgeous lakes, is rightfully called the most beautiful mountain in BiH. On this route you will experience true nature and beauty of Zelengora lakes.

\*We recommend an organized, guide-led hiking in a period from May to September.

### ROUTE Zelengora Lakes

/			
DURATION:	3 days or 19h	INFO:	NP Sutjeska
LENGHT:	34km	E-MAIL:	sutjeska@teol.net
SEVERITY:	Medium		•

Donje Bare Lake (1.483m) - Planinica vrh (1774m) - Dobra vrh (1720m)- Uglješin Vrh (1859m) - Gornje Bare Lake (1500m) - Donje Bare Lake (1483m) - Gornje Bare Lake (1500m) - Javorak (1650m) - Sedlo (1700m) - Bregoč vrh (2014m) - Lake Orlovačko (1440m) - Lake Borilovačko (1500m) - Štirinsko Lake (1677m) - Lake Kotlaničko (1514m) - Borovno Brdo (1880m) - Lake Orlovačko (1440m).

### ROUTE Zelengora Peaks

DURATION: 4h INFO: NP Sutjeska
LENGHT: 8km E-MAIL: sutjeska@teol.net
severity: Medium

Donje Bare (1.483m) - Planinica vrh (1.724m) - Dobra vrh (1.820m) - Uglješin Vrh (1.859m) - Gornje Bare Lake (1.500m) - Donje Bare Lake

### ROUTE Through Volujak trails

DURATION: 10h INFO: NP Sutjeska

LENGHT: 6km E-MAIL: sutjeska@teol.net

SEVERITY: Difficult

Volujak is on the border with Montenegro. One side is very steeep grass slope, and other is an immpresive rocky and inccessible mountain range. Suha (Jelovača 1069m) - Vratnica (1628) - Tiholjica (1660) - Badanj (Volujak peak 2243 m) — Tiholjica — Vratnica — Jelovača — Suha.

\*It is recommended to take a terrain vehicle from Tjentište to start point Suha (12 km). This trail is intended for highly prepared climbers. A part of the trail from Tiholjice to Badanj vrh (2243) is particularly demanding. We recommend tours with NP Sutjeska professional guides in a period from May to September.

### ROUTE Maglić – Poštarev put

DURATION: NP Sutieska 16km LENGHT: sutjeska@teol.net Difficult SEVERITY:

Lokva Dernečište (1600m) - Maglić (2386m) - Lokva Dernečište The start point is reached by a vehicle from Tjentište that is located 20km from it. It is possible to have organized tours, if so arranged with NP Sutjeska. Climbing Maglić is one of the greatest climbing challenges. This trail is highly demanding which requires good physical fitness. We recommend services of an NP Sutjeska professional guide.

### route Prijevor – Maglić – Prijevor

DURATION: NP Sutieska 4km sutjeska@teol.net LENGHT: E-MAIL: Difficult SEVERITY

Prijevor (1.668m) - Maglić (2386m) - Prijevor The start point is reached by a vehicle from Tjentište that is located 20km from it. It is possible to have organized tours, if so arranged with NP Sutjeska. This trail is recommended for the brave climbers eager for a special challenge with a special climbing gear. Due to probable rockfalls, number of participants per group is limited to 6 people. We recommend services of a professional guide.

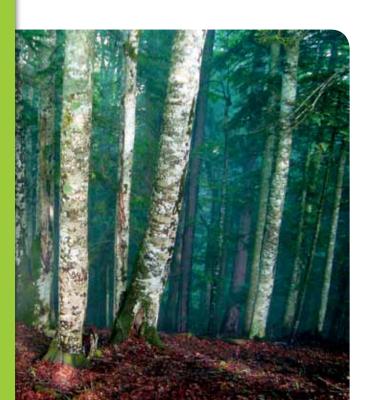
### ROUTE Primeval Forest Perućica

3.5h NP Sutjeska DURATION-INFO: 12km sutjeska@teol.net LENGHT: E-MAIL: SEVERITY: Medium

Dragoš Sedlo (1250m) - Perućica (the largest primeval forest in Europe) Suha (Sutjeska Canyon)

The starting point is reached from Tjentište, 10 km.

\*number of participants is limited while passing through Perućica.







### TRANSVERSAL Alongside Kočić Trails

1680m ASCENT:

Bania Luka Tourist board 16h DURATION:

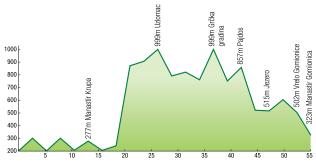
55km LENGHT:

banjaluka-tourism.com Easy - Medium SEVERITY:

On this route you will be welcomed by many attractive landmarks: a natural stone bridge, cascades and mills on Krupa River, Krupa Monastery, Krupa River sources, cave named Strikina pećina, medieval tombstones (stecak) necropolis, Petar Kočić ethno village, Manjača Lake, Gomionica River source, Gomionica Monastery.

All who successfully complete the route are awarded with a gold-plated

There is a possibility of hiring professional guide service or organized transportation from/to start/end point.





### **ROUTE Through Medieval Fortifications**

DURATION:	6-7h	INFO:	Banja Luka Tourist board
LENGHT:	25km	WEB:	banjaluka-tourism.com
SEVERITY:	Easy – Medium		

Karanovac - Prnjavor - Zvečaj - Rekavice - Vukojevići - Krupa na Vrbasu - Greben.

**Landmarks:** Zvečaj ruins, a wooden church, cascades and mills of Krupa River, Krupa Monastery, Greben ruins.

\*Professional guide services and transportation from/to start/end point.

### ROUTE Krupa na Vrbasu

DURATION:	4h	INFO:	Banja Luka Tourist board
LENGHT:	12km	WEB:	banjaluka-tourism.com
SEVERITY:	Easy – Medium		

Krupa na Vrbasu – Strike - Krupa na Vrbasu - Greben - Krupa na Vrbasu.

**Landmarks:** cascades and mills on Krupa River, Krupa Monastery, Krupa River sources, a cave named Strikina pecina and Greben ruins. \*Professional guide services and transportation from/to start/end point.

### **ROUTE TISOVAC**

1	·			
1	DURATION:	6-7h	INFO:	Banja Luka Tourist board
	LENGHT:	25km	WEB:	banjaluka-tourism.com
	SEVERITY:	Easy		•

The start point is in Krupa na Vrbasu, and the trail continues over the bridge in the village Krmine alongside the slopes of Tisovac Mountain. **Landmarks:** Wooden church in Krmine.

\*Professional guide services and transportation from/to start/end point.



### ROUTE Jahorina Mountain Blue Trail

ASCENT:	633m	INFO:	Tourist Organization of
DURATION:	4h		City of East Sarajevo
LENGHT:	12,5km	WEB:	turizam-isa.ba
SEVERITY:	Medium		

It has a circular route on the relation the Jahorina Mountain Hotel – Lokvanjska vrela – Ogorjelica 1 – the Jahorina Mountain Hotel. The trail has been called 'blue' not only for the fact that it can be easily crossed, but also because of the numerous springs bypassed by the trail and highlighted in blue toponyms in the map, starting with the spring of Prača, the Stainski, Lokvaniski and Javorov spring, to the spring of Durmitor above the strap of forest in the close vicinity of the Bani Glava rock. The trail begins at the Jahorina Mountain Hotel leading via technical route to the Prače spring, perambulating the Lokvanjsko spring and the Javorovo spring due the Milošev dol, with the possibility to shortcut across the Stainsko spring, and it sidesteps the beautiful tall forest of maples, which gave the name Javorina to the mountain (the name itself was later 'turkeycised' into Jahorina). The Milošev dol provides a breathtaking panoramic view on the Prača valley and the Ravna planina mountain. The trail continues to the Durmitor spring, bypassing the Šator peak, and leads to the eastern side of the Ogorjelica peak enclosing the circle to the Jahorina Mountain Hotel with a ski track descending to Skočine from the peak.

### ROUTE Jahorina Mountain Green Trail

ASCENT:	472m	INFO:	Tourist Organization of
DURATION:	3h		City of East Sarajevo
LENGHT:	9km	WEB:	turizam-isa.ba
SEVERITY:	Easy		

The Jahorina Mountain green trail on the relation the Bistrica Hotel — the vidikovac Hladilo belvedere — the Božića spring — Poljice — the Bistrica Hotel also has a circular route. The category name green is founded on a low level of technical severity and on the both deciduous and evergreen forest encompassing it. On three points this track intersects the trim trail which has been prepared several years ago and it is most definitely the trail that most visitors of the Olympic centre will pay visit to, precisely due to the fact that the green trail pulls through the urban part of the mountain and intersects the asphalt road on the Poljice and the motorway to Vrhprača close to the Hladilo rock, enabling all interested users to easily gain access from a pension or hotel on Jahorina. The green trail also bypasses a very old maple forest from the northern side of the Veliki Javor peak connecting Jahorina to Ravna planina, where certain trees of sycamore maple can grow up to two metres in diameter, inspiring each passer by with its size.

### коите Ravna planina Red Trail

DURATION:	5h	INFO:	Tourist Organization of
LENGHT:	16km		City of East Sarajevo
SEVERITY:	Difficult	WEB:	turizam-isa.ba

On the relation Gornje Pale — Ogorjelica 1. This trail starts in Gornje Pale, height above sea level 850 metres, leads over Ravna planina near to Bijele stijene, 1 250 metres Mean Sea Level (MSL), and over Saracevo polje and Dugo polje to the Hladilo rock, from where it leads to the Praca ski track, ascending up the track to the Jahorina Hotel. From Jahorina it goes through cottages and leads to the Šator Hotel and up the Poljice and Ogorjelica 1 paths ends on the Ogorjelica peak, 1 196 MSL.



### коите Pale – Novakova pećina, the Romanija Mountain

1				
	ASCENT:	830m	INFO:	Tourist Organization of
	DURATION:	4h		City of East Sarajevo
	LENGHT:	13km	WEB:	turizam-isa.ba
	SEVERITY:	Difficult		

A tourist destination starts from a hunting lodge on Majdani or a mountaineer's lodge in Stajna only 4-5 kilometres far from Pale. A neatly marked mountain path gives way to the cave. First it takes you to Novakovo vrelo, a great riverbed. Rumour has it that if you wash your face with the water from this riverbed you will become five years younger. Hiking through a thick pinophyta forest gets you to Novakova njiva, a good place to kamp or rest. The path to the cave is marked and fortified with cables, because it is rather steep and difficult.

### ROUTE Careve vode – Novakova pećina, Romanija

ASCENT:	580m	INFO:	Tourist Organization of
DURATION:	1,5h		City of East Sarajevo
LENGHT:	3,5km	WEB:	turizam-isa.ba
SEVERITY:	Easv		

Novakova pećina is situated on the steep slopes of the Romanija mountain on 1 515 MSL, and it got its name after Starina Novak, an old national hero. Careve vode, the most famous spring of a whole territory, is beneath Novakova pećina. The road to Carigrad, once one of the most important roads of the Ottoman Empire in Bosnia, used to pass near the spring.



### **Vitorog**

Multicolored and diverse flower and medicinal herb species are spread all around this area, while higher altitudes hide even some endemic species. Two type of climate can be distinguished at the top of Vitorog, continental and Mediterranean one, a phenomenon that can be experienced at a very small distances of even 10 to 15 meters. This is a place visited by tourists eager for adventure and staying in unspoiled nature.

### ROUTE Climb the Vitorog Mountain (1906m)

/	DURATION:	8-10h	INFO:	Tourist Organization of
	LENGHT:	24km		Šipovo
	SEVERITY:	Medium	WEB:	sipovo-tourism.com

### ROUTE Walk through the Canyon of Sokočnica River

DURATION:	4-6h	INFO:	Tourist Organization of
LENGHT:	7km		Šipovo
SEVERITY:	Medium	WEB:	sipovo-tourism.com

Route: Sokograd - Sokolačka pećina — Pliva River mouth Mountaineers are frequent guests here; the trail is challenging but very interesting and rich in cascades, rocky areas, waterfalls and beautiful landscapes which are worth experiencing. Sokolac cave, located at 575 meters above sea level, is interesting in many ways, and according to the remains of pottery and tools found there was used to be someone's home throughout time. Nowadays, it is a habitat for a very rare species of bat and represents a unique world example thanks to the algae growing on cave ornaments. This adventure ends up by visiting a medieval historical landmark, Sokograd fortress.

### ROUTE Walk along the Canyon of Janj River

DURATION:	4-6h	INFO:	Tourist Organization of
LENGHT:	8km		Šipovo
SEVERITY:	Medium	WEB:	sipovo-tourism.com

River Janj and its Canyon are a protected natural resort of the Republic of Srpska. Canyon slopes are steep, rising up directly from the riverbed and reach 150-200 meters in height. The Canyon is composed of Mesozoic limestone and remains an extraordinary attraction for tourists. Besides its stunning beauty, it also hides, carved in a rock, one the oldest Roman monuments.



Three trails lead from town and one from Podrašnica. They partly overlap with the mushroom trails, but they all lead to the mountain lodge, near which mountaineers have built and covered viewpoint.

### **Dimitor**

Dimitor has two trails marked. One leads from Zelenkovac, over Kozija strana, while other starts at Štrbina to the top of Dimitor. There are plans for building mountain lodge on Dimitor, which is more demanding and attractive to hikers, than Lisina.

### Sana

Mountaineers have marked trails from Pecka village to all the springs of Sana River, which are positioned in true and pretty inaccessible wilderness. Association 'Vidik' gathers experienced mountaineers who can, as guides, take groups to other destinations as well, even where trails are not marked. They also have great experience in cooking in nature. A large number of local and gravel roads, many sources of drinking water and the beautiful landscape are a real challenge for the Mount Biking ride

LENGHT: around 50 km INFO: Mrkonjic Korpa WEB: mrkonjickakorpa.com



### **Ozren Mountain**

Northern part of the Ozren Mountain is divided into two cycling — hiking routs which enable combination of shorter cycling and hiking leg of routs. The terrain is thoroughly marked. It is possible to have a professional guide and transportation to start point and back organized, and it is highly recommended to pay a visit to appealing village homes and other historical locations. In the section of the route Goransko Jezero — SRC Preslica, there is an educational trail called "Meet Ozren through walk" which is 1800 meters long and put in the category of easy trails. This trail takes us through vivid forestry landscapes of the small canyon of Jošavka River and contains fact-panels introducing geography, hydrography, flora, fauna, ecology, history, culture, customs and recreational and tourist attractions of Ozren mountain.

### ROUTE Doboj – Gostilj (773m) – Kraljica

DURATION:	9h	INFO:	Tourist Organization of
LENGHT:	45km		Doboj
SEVERITY:	Easy - Medium	WEB:	dobojturizam.com

Doboj – Goransko jezero – Preslica – Gostilj – Velika Ostravica – Kraljica

### route Doboj – Okolišta – Kraljica

DURATION:	8h	INFO:	Tourist Organization of
LENGHT:	35km		Doboj
SEVERITY:	Easy - Medium	WEB:	dobojturizam.com

Doboj - Striježevica - Okolišta - Rajčevo - Brezici - Kraljica



### **Javor Mountain**

### ROUTE Vlasenica – Pjenovac

/			
DURATION:	5h	INFO:	Tourist Organization of
LENGHT:	15km		Vlasenica
SEVERITY:	Medium	WEB:	vlasenica-turizam.org

The trail starts at the location "cave" (1000m), in the main road Vlasenica – Sarajevo, goes through the most beautiful sections of Javor Mountain and ends in Pjenovac (950m). Suitable for all ages.

### ROUTE Velika Igrišta Climb (1405m)

DURATION:	3h	INFO:	Tourist Organization of
LENGHT:	10km		Vlasenica
SEVERITY:	Medium	WEB:	vlasenica-turizam.org

The trail starts at the location called "Ružina voda" (1200m), continues up to the highest peak of Vlasenica municipality, and leads to ski centers and other natural and cultural attractions of Javor Mountain.

### ROUTE Visit to Skakavac waterfall

DURATION:	5h	INFO:	Tourist Organization of	
LENGHT:	15km		Vlasenica	
SEVERITY:	Medium	WEB:	vlasenica-turizam.org	

The route starts in Vlasenica and is marked with mountain trails which lead to Skakavac waterfall (890m) and other natural and cultural attractions.

### ROUTE Vlasenica transversal

/			
DURATION:	5h	INFO:	Tourist Organization of
LENGHT:	15km		Vlasenica
SEVERITY:	Easy	WEB:	vlasenica-turizam.org

The trail starts at the location "Jezero" (550m) in Vlasenica, continues to the church, dated 1892, in Rudište village, and Vrelo waterfall, goes forward over the saddle Bačkovac which has two peaks: the higher one (972m) and the lower one (904m), afterwards into Šekovići, and ends up at Lovnica Monastery from XIV century.



### **ROUTE Trebinje Transversal**

Start is possible from 5 starting points marked with information boards. Transversal consists of northern and southern line. Northern line consists of four connected, numbered peaks: Gljiva (1031 m), Leotar (1228 m), Kovlo (914 m), Kličanj (790 m). Southern line consists of three connected peaks: Strač (705 m), Petrina (647m), Golo Brdo (810 m). On five peaks there are interesting stone fortifications built during the Austro-Hungarian rule (XIX century).

On every peak of the Transversal there are metal boxes placed with the Transversal diary and the seal of the peak.

### ROUTE Climb to the "Vučji zub" -Orjen Massif (1805 m)

DURATION:	3.5h	INFO:	Tourist Organization of
LENGHT:	8.5km of the climb		Trebinje
SEVERITY:	Combination of Light and heavy	WEB:	Mountaineering Club trebinjeturizam.com vucjizub.org

From the walking start point Ubla (1020 m) to the very top it is necessary to overcome 800 meters of altitude.

### коите Climb to the "Jastrebica" -Orjen Massif (1865 m)

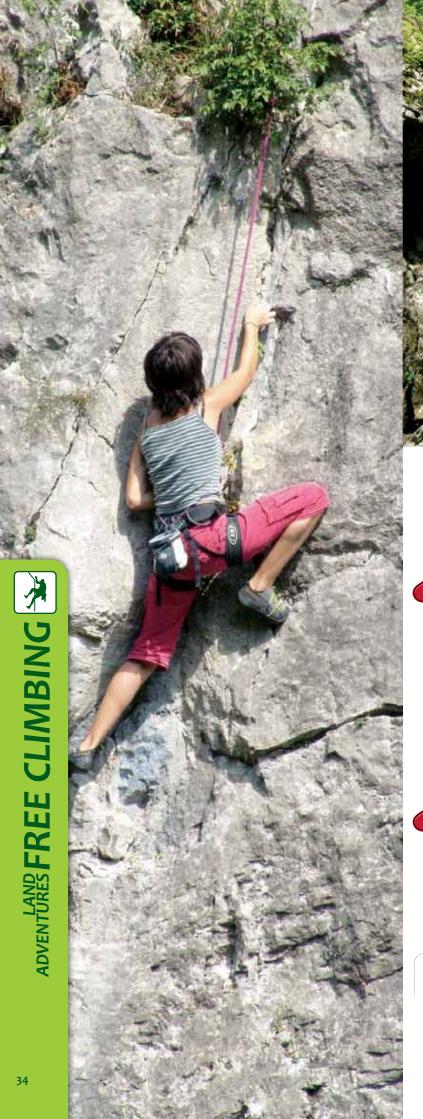
DURATION:	4h	INFO:	Tourist Organization of
LENGHT:	6.3km of the climb		Trebinje
SEVERITY:	Medium		Mountaineering Club
		WEB:	trebinjeturizam.com
			vucjizub.org

The highest peak of the Trebinje Municipality, from the starting point Ubla (1020m) it is necessary to overcome 850 meters of altitude.

### ROUTE Climb to Motka - Bjelasnica Massif (1395 m)

/**************************************			
DURATION:	3-4h	INFO:	Tourist Organization of
LENGHT:	5km of the climb		Trebinje
SEVERITY:	Difficult		Mountaineering Club
		WEB:	trebinjeturizam.com
			vucjizub.org

From the starting point of the village Žakova it is necessary to overcome 1100 meters of altitude.





### **National Park Kozara**

Off the main road to Mrakovica, 500 meters long path leads to "Zečiji kamen", one of the most beautiful locations in NP Kozara. Waterfall, rock-gazebo and a free-climbing rock "Zečiji kamen" represent the special attraction.

Height: 50 meters, 6 directions



### **Vrbas Adventure Resort**

Region Vrbas Adventure Resort offers numerous climbing sites, well-prepared routes - directions of all types and difficulties. Organizer provides the transportation to the selected climbing location and return, as well as the necessary equipment: belt, rope, quickdraws, pear-shaped carabiner, magnesium bag, and basic training.

INFO:

Banja Luka Tourist board banjaluka-tourism.com

Canyon Tijesno: height - 100m; Stone bridge: height - 40m and Suturlija: height - 20m.



### Vrbas Adventure Resort

offers a challenge on the 3 bike routes totaling 102 kilometers. Sightseeing points: the Krupa Monastery, spring of river Krupa, mills and waterfalls on the river Krupa, the fort "Greben", wooden church ("Brvnara"), church "Klisina", the birth place of Petar Kočić, Manjača lake. There is a possibility to rent a bike and an expert guide.

### BIKING ROUTE Banjaluka - Banj-Brdo -Karanovac rafting center

425m TYPE OF SURFACE: asphalt and macadam ASCENT: 19.5km Banja Luka Tourist Medium board 159 m of altitude LOWEST POINT: banjaluka-tourism.com 460 m of altitude HIGHEST POINT

Sightseeing points: Kastel fortress, Safikada's grave, Trešnjik resort, a monument to the fallen people of Krajina on the Banj Brdo (Banj Hill), the springs of thermo-mineral water in Srpske Toplice.

### BIKING ROUTE Karanovac - (Rafting center) -Tisovac - Kameni Most - Krupa na Vrbasu (waterfalls)

1117m TYPE OF SURFACE: asphalt and macadam ASCENT: 38.7km Banja Luka Tourist LENGHT: Medium SEVERITY: board 189 m of altitude LOWEST POINT: banjaluka-tourism.com 761 m of altitude HIGHEST POINT:

Sightseeing points: waterfall and canyon of river Švrakava, St. Ilija church, stone bridge, the Krupa Monastery, spring of river Krupa, mills and waterfalls on the river Krupa, the fort "Greben", wooden church ("Brvnara").

### **BIKING ROUTE** Krupa na Vrbasu - Stričići - Dobrnja

975m TYPE OF SURFACE: asphalt and macadam ASCENT: 43.5km TBanja Luka Tourist LENGHT: INFO: Medium board SEVERITY: 216 m of altitude banjaluka-tourism.com 905 m of altitude



### **Ozren Mountain**

Tourist Organization of Doboj INFO: dobojturizam.com

### BIKING ROUTE "Preslica"

(Doboj – Goransko jezero – Preslica); Lenght: 6 km

### BIKING ROUTE Doboj - Okolišta - Kraljica

(Doboj – Striježevica – Okolišta – Rajčevo – Brezici – Kraljica)

Lenght: 35 km





### Trebinje & Surrounding Area

### **HILLY-MOUNTAINOUS ROUTE**

Trebinje – Grahovo – Crkvice – Orjen sedlo – Vrbanj – Zubci – Trebinje

2100m ASCENT: INFO: 110km TYPE OF SURFACE: asphalt and macadam

Tourist Organization of Trebinje Mountaineering Club trebinjeturizam.com WEB: vucjizub.org

### HILLY-MOUNTAINOUS ROUTE Trebinje - mountain Leotar

954m 25km LENGHT: TYPE OF SURFACE: asphalt and macadam Tourist Organization of Trebinje Mountaineering Club trebinjeturizam.com vucjizub.org

### cycling tour around the town of Trebinje **Austro-Hungarian roads**

WEB:

700m Tourist Organization of ASCENT: 20km Trebinje LENGHT-TYPE OF SURFACE: Macadam Mountaineering Club trebinjeturizam.com WEB: vucjizub.org

a tour of the Austro-Hungarian forts Strač, Golo brdo, Petrina





### Jahorina Mountain HISTORY OF SKIING

Since ancient times, the natural benefits and privileges of the mountain meadows in this area were made available for the purpose of rest and recreation. The first skis in BiH came with the Austro-Hungarian occupation of these territories; they were brought by Austrian soldiers and officers who used to ski in the Alps. Since then, the first mountaineering societies and clubs were founded, whose members, as part of their activities, were engaged in skiing. One of the main goals of these societies was encouraging recreational stay in nature and excursion tourism. In addition to recreational and excursion sport, skiing becomes a competitive sport, ski clubs were established, various competitions in winter sports were organized and first hotels and mountain lodges were built on the mountain Jahorina, and later on other mountains. Competitions in racing and alpine disciplines were organized on Jahorina. The first competition in the downhill was held in 1939, and the first ski-lift in BiH was put into operation in 1953, also on Jahorina, the total length of 1050 meters.



### Ski-center Igrišta

Tourist Organization of Vlasenica

TELEFON: WEB:

+387 56 710303 vlasenica-turizam.com

Height above sea level from 1020 m to 1350 m. Length of ski runs: total 7km -blue 1km, red 4.9km, black 1.1km Cable car: 3 drag lifts, 1 baby lift

Olympic centre Jahorina INFO: +387 57 270022 TELEFON: oc-jahorina.com WEB:

Height above sea level from 1100 m to 1890 m. Length of ski runs: total 20km - red 16km, blue 2km,

black 2km

Cable car: 2 six-seater chairlifts, 3 two-seater chairlifts, 3

drag lifts, 1 baby lift Capacity: 10.500 skiers

Important facts about Jahorina 1984, XIV Winter Olympic Games The highest peak: Ogorjelica (1916 m above sea level) In late February Jahorina will host the FIS Cup



For photo safari lovers Republic of Srpska is an ideal place for enyoing in wonderful nature and wildlife. A visit to these places will be an amazing experience and great fun.



### **Šipovo Surroundings**

Tourist organization of Šipovo municipality sipovo-tourism.com WFR-

To meet the life of beaver, otters, birds of prey, the great place for photosafari fans is the area Šipovo. Among the diverse wildlife, the most attractive are otters, which are extremely rare in Europe and are protected species in BiH. Otter should be a real challenge for the photographer, because it is very timid and dives into the water at the slightest noise. Fishermen claim that it is incredibly fast, they say that the otter is able to swim twice around the fish, until it is stunned and becomes an easy prey. Šipovo is one of the few areas in Europe in which they lynxes live. Hunters warned photographers that lynx may lurk in the deep grass, but also in the dense treetops. Šipovo is habitat of a rare species in our region - the beaver, on the river Sokočnica. Believe, with its masterpieces the beaver marvels every passer-by!

### **BEST SEASON FOR VISIT**

Between May and October - when the tours are organized in the specified period with an expert guide.

### **NECESSARY EQUIPMENT**

Backpack, 11 of water, a raincoat, hiking shoes and a camera (photocamera).



### **ROUTE Orjen Massif**

Organization of Trebinje, Mountaineering Club Trebinje INFO: trebinjeturizam.com, vucjizub.org WFR-

Dinaric orogen feature an incredible variety of diverse landscapes: from glacial relict to breathtaking panoramas. These breathking mountains offer endless opportunities for exploration and photography! For all photographers and nature lovers the Mountaineering Club "Vučji zub" (Wolf tooth) organizes group tours to Orjen, as well as to other mountain terrains in the area of Trebinje.







### **Vrbas Adventure Resort**

### Rafting

ROUTE Zvečaj - Karanovac

Length of descent: 5 km Duration: 40-80 min



Length of descent: 11 km Duration: 50-90 min

### ROUTE Bijeli buk-Karanovac

Length of descent: 21 km

Duration: 3-4 h

Banja Luka Tourist board INFO: banjaluka-tourism.com WEB:

For all the lovers of canoeing, going down the river is organized on the same routes as rafting.



INFO:

WEB:

WEB:

Length: 17 km

Duration: 6-10 h

Length: 500 m

Duration: 2-4 h

### Tara River

Tourist Organization of Foča

focaravajuce.org

Banja Luka Tourist board

banjaluka-tourism.com

### ROUTE Canyon of the river Sušica -Canyon Nevidio

ROUTE Canyon of the river Cyrcka

коите Canyon of the river Švrakava

Length: 3.5 km

Duration: 1 days



### Tara River

### Rafting

### ROUTE Brštanovica - Bastasi

Length of descent: 20 km

Duration: 4 to 5 hours (depending on water levels)

\* During the rafting breaks are made for a tour of "sige", swimming, etc.



### \* Equipment: neoprene suits, safety vests, life jackets, neoprene shoes, helmets, ropes.

### ROUTE Šljivansko - Bastasi

Length of descent: 90 km, Duration: 3 days

- \* During these three days an overnight stay is organized in the camp
- "Radovan Luka" and in the camp on Brštanovica

### ROUTE Brštanovica - Foča

Length of descent: 35 km, Duration: 1 day

\* Break at Bastasi (with lunch)

### ROUTE Brštanovica - Šćepan polje

Length of descent: 18 km

Duration: 2 to 3 hours (depending on water levels)

\* During the rafting breaks are made for a tour of "sige", swimming, etc.

### ROUTE Šljivansko - Šćepan polje

Length of descent: 80 km, Duration: 3 days

Tourist Organization of Foča INFO:

focaravajuce.org WEB:

\* During these three days an overnight stay is organized in the camp

"Radovan Luka" and in the camp on Brštanovica



### Vrhas Adventure Resort

Vrbas Adventure Resort

### ROUTE Zvečaj-Karanovac

Length of descent: 5 km

Duration: 60-80 min

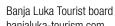
### rouте Novoselija-Kajak centar

Length of descent: 5 km Duration: 60-80 min

### коите Srpske toplice-Kajak centar

Length of descent: 3 km Duration: 25-50 min

INFO banjaluka-tourism.com WEB:













### Vrbas Adventure Resort

INFO:

Banja Luka Tourist board

Paragliding Club "Airdrenaline", Banja Luka

WEB:

banjaluka-tourism.com, airdrenaline.rs.ba

### LOCATION Manjača

(Grčka gradina) Take-off altitude: 999m

Coordinate: 44.61.880 N/16.95.484 E

Altitude difference: 350m

### LOCATION Krmine

(Krupa na Vrbasu)

Take-off altitude: 450m

Coordinate: 44.62.647 N/17.16.027 E

Altitude difference:250 m

### LOCATION Čemernica

(Bočac)

Take-off altitude: 1339m

Coordinate: 44.52.084 N/17.21.341 E

Altitude difference:1100m

### **LOCATION Lisina**

(Mrkonjić Grad)

Take-off altitude: 1400m

Coordinate: 44.39.435 N/17.04.394 E

Altitude difference:730 m

### **LOCATION Sinjakovo**

(Mrkoniić Grad)

Take-off altitude: 1100m

Coordinate: 44.34.811 N /17.13.618

Altitude difference:605m



### Ozren Mountain

Mount Ozren has exceptional conditions for paragliding, especially in spring and summer when the heat flows, leading to the base of the cloud, reach a height of over 2500 meters, which allows paragliding that often, lasts for several hours, with flight length of tens of kilometers.

INFO:

Tourist Organization of Doboi

WFR-

doboiturizam.com

### LOCATION Ozren/Gostilj

Take-off altitude: 773 m

Coordinates: 44°39'37" (44.6605) S / N 18°11'57" (18.1992) I / E

Altitude difference: 550 m



### LOCATION Rui

Take-off altitude: 553 m

Coordinates: 44°37'40" (44.6278) S / N 18°6'57" (18.1161) I / E

Altitude difference: 370 m

\*There are three take-off sites for different wind directions (except the east). Possible take off of more paragliders at the same time. It is possible to get to the take-off site with a terrain vehicle.

### LOCATION Biser glava - Očauš Mountain

Take-off altitude: 1192 m

Coordinates: 44°30'35 "(44.5099) S / N

17°38'24" (17.6402) I / E

Altitude difference:800m

\*Possible take off of more wings at the same time. It is possible to get to the take-off site with a terrain vehicle.

### **FVFNT**

National Open Paragliding Championship - "Ozren Open 2011" June 2011

INFO: E-MAIL: Paragliding club "ParaGhost" paragost@gmail.com



### Trebinje & Surrounding Area

### **LOCATION Gljiva**

INFO:

Tourist Organization of Trebinie

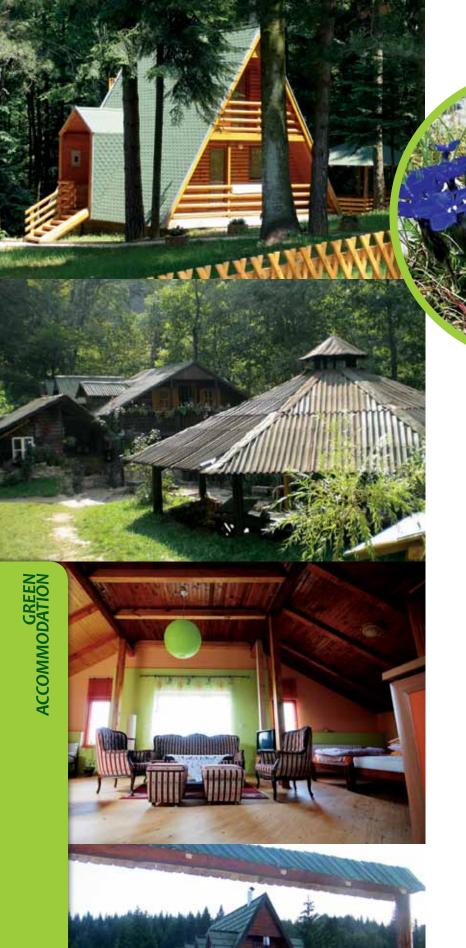
WEB

trebinjeturizam.com

Start is facing the south. It is also suitable for beginners. 2-3 wings could take off simultaneously. Exceptional conditions give the possibility of flight in all directions. Start is located above the town of Trebinje, a 15-minute drive from downtown.

Take-off altitude: 950 m Altitude difference: 720m

Coordinate: 42.734.99N/18.373.81E





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MOUNTAIN HUT "PREVIJA" Information and booking: T+387 65 587 350 E paokbanjaluka@yahoo.com

### Sutjeska

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### **Vrbas Adventure Resort**

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### **Sipovo Surroundings**

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E office@sipovo-tourism.com, www.sipovo-tourism.com

### Lisina Mountain & Surrounding Area

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